



Student Information:

Players Name: _____ Birthday: _____
 Emergency Contact Name: _____ Phone Number: _____ Coach Approved Level: _____

Parent Information:

Name: _____ Cell Phone: _____ Email: _____

Please note payment will be charged upon receiving this form to the credit card on file. Once payment has been made, there will be no refunds.

SCHEDULE →

HIGH PERFORMANCE

Coaches recommendation only

MONDAY

Strategy Session 4:00 - 5:00 p.m. @ COR TBD *no charge - invite only*

TUESDAY

Drilling/Pattern Play 3:30 – 6:00 p.m. January 7 – May 19 (No class: 3/17, 4/14)

WEDNESDAY

Fitness & Conditioning 3:45 - 4:30 p.m. TBD *no charge - invite only*

THURSDAY

Drilling/Pattern Play 3:30 – 6:00 p.m. January 9 – May 21 (No class: 2/13, 3/19, 4/16, 4/23, 5/7)

FRIDAY

Drilling/Pattern Play 3:30 – 6:00 p.m. January 10 – May 15 (No class: 1/17, 2/14, 3/20, 4/17)

SATURDAY

Drilling/Pattern Play 1:00 – 3:00 p.m. January 11 – May 16 (No class: 1/18, 2/15, 3/14, 3/21, 4/18)

HIGH PERFORMANCE PREP

MONDAY

Drilling/Pattern Play 4:00 – 6:00 p.m. January 6 – May 18 (No class: 2/17, 3/16, 3/23, 4/13)

WEDNESDAY

Drilling/Pattern Play 4:00 – 6:00 p.m. January 8 – May 20 (No class: 3/18, 4/15)

SATURDAY

Drilling/Pattern Play 11:00 – 1:00 p.m. January 11 – May 16 (No class: 1/18, 2/15, 3/14, 3/21, 4/18)

Note: Summer Programming will begin June 1st.